



## ***To Do List* for Executive Functioning & Study Skills**

1. Keep a planner
2. Reduce distractions
3. Take time to organize
4. Create a quiet study space
5. Prioritize each day's assignments
6. Allow double time when scheduling homework
7. Use frequent and meaningful rewards
8. Seek intervention

The specialists at *Jodie K. Schuller & Associates Therapies for Success* have been helping students build the study skills they need for a higher education and success in their future careers for over 35 years.

Enjoy our freebie on achieving academic success!